

SQ4R Method Worksheet

While it may seem tedious or “dorky” to use a worksheet for reading a textbook, this simple worksheet will help you learn how to better understand what you are reading and why you are reading it. Once you get the hang of the method, you’ll find that you won’t need this worksheet anymore and that reading your textbook isn’t as difficult as it used to be.

This worksheet should be used in conjunction with the SQ4R Method handout provided on website.

1. Survey – list the title of reading or section(s):

2. Question(s):

3. Read – actively engage yourself with the text here. No writing or worrying about this worksheet

4. Respond:

Is the above correct? Y N – If no, see step 4. If yes, move to next step.

5. Record:

6. Review!!!